

Site map for Halliwick AST's website

Home page

Contact Us Details of how to e-mail OR write to us
For details of your local Halliwick ASTRAs and a map of their location see our [Halliwick ASTRA Contacts](#) page.

Contact a Lecturer - If you wish to contact a recognised Lecturer regarding courses or training, see our [Halliwick Recognised Lecturers](#) page.

What is Halliwick? The History of the Association and the three main aspects of the Association's work and **The Story of Halliwick**

What's New! Latest News on Halliwick

Affiliation [Benefits of affiliation and Club affiliation form](#)
[UK personal affiliation form](#)
[Overseas personal affiliation form](#)

Competition Each year the Halliwick AST, it's affiliated Clubs and Halliwick ASTRAs hold swimming galas and competitions at venues throughout the UK. This link give details of forthcoming events, results of previous competitions and other items of interest including

"An Introduction to Swimming Galas" article and our publication "Gala organisation Pack" [Click here for more details](#)

Courses & Training

[UK and Overseas Course Dates](#)
[UK Course Dates & Application Forms](#)
[Overseas Course Dates](#)
[Information for Course Organisers](#) contains general information and
[Download 'Organisers' Information'](#)
[Download 'Organisation Pack for Halliwick Foundation Courses'](#)
[Type of Courses](#)

Links This page contains a selection of links to affiliated Clubs ASTRAs and organisations, both in the UK and Internationally.

Newsletters & Articles Apart from Halliwick AST *Newsletters* over the last 5 years, this page also contains a selection of items taken from the IHA (International Halliwick Association) Newsletters, plus articles from other Halliwick ASTRAs, publications and sources.

Publications & Equipment [Download publications & video order form](#)
[Rainbow Series publications](#)
[Other books and leaflets](#)

Videos/DVDs Scripts are now available for each of the videos/DVDs that we sell. These can downloaded from this website

Equipment - download the Order Form for Halliwick Proficiency Badges etc

Ten-point programme - Halliwick Concept