

HALLIWICK ASSOCIATION OF SWIMMING THERAPY



ANNUAL REPORT AND ACCOUNTS FOR YEAR ENDED 31ST DECEMBER 2010

HALLIWICK ASSOCIATION OF SWIMMING THERAPY
OFFICERS ELECTED AT THE 2010 ANNUAL GENERAL MEETING

President Dr Joan Martin MBE
Vice President Norman Hewerdine
Vice President Tony Jandrell
Vice President Ann Gresswell
Hon. Solicitor David Cooper
Independent Examiner Philip Crook FCA
Keyhaven Trustee Gill Wilkinson
Keyhaven Trustee Dr Joan Martin MBE
Keyhaven Trustee Eric Dilley ACII

Chairperson Patrick Hastings
Vice Chair Eric Dilley ACII
Hon. Treasurer Gill Wilkinson
Medical Advisor Dr Joan Martin MBE
Hon. Insurance Advisor Eric Dilley ACII
International Halliwick Association Representative Ann Gresswell
International Halliwick Association Representative Pamela Wood

National Coordinating Committee Representative Dr Joan Martin MBE
National Coordinating Committee Representative Ann Gresswell

TRUSTEES

Patrick Hastings
Dr Joan Martin
Gill Wilkinson
Eric Dilley
William Wyatt-Halliwick ASTRA 1
Dave Patmore-Halliwick ASTRA 2
Beryl Kelsey-Halliwick ASTRA 5
Pamela Galloway-Halliwick ASTRA 10
Keith Beer-Halliwick ASTRA 15

The position of Secretary remains vacant

HALLIWICK ASSOCIATION OF SWIMMING THERAPY

**C/O The ADKC Centre, Whitstable House, Silchester Road,
London W10 6SB**

The Halliwick Association of Swimming Therapy is registered with the Charity Commissioners (No 250008) and was founded in 1952.

The Halliwick Association of Swimming Therapy is a registered charity that promotes all aspects of swimming for people with disabilities. It uses the Halliwick Concept. This is an approach to teach people to participate in water activities, to move independently in water and to swim, without the use of floatation aids. It takes into consideration the benefits that can be derived from activities in water and the fundamentals necessary for learning. The Concept has also influenced hydrotherapy techniques. The Ten Point Programme provides a structure for the Halliwick training programme.

James McMillan, MBE, developed the Halliwick Method in 1949 and it is now referred to as the Halliwick Concept. The Halliwick Concept has and continues to evolve. Any group interested in the Halliwick Concept may affiliate to Halliwick AST. These groups may be swimming clubs, special schools, hospitals and training centres and there are currently over 120 affiliated groups including personal and Overseas affiliations. The organisation can offer comprehensive insurance at competitive rates for members. We also organise local, regional and national swimming galas.

Training courses available are:-

- i. Foundation Course (four days or equivalent)
- ii. Advanced Courses – Teaching the Halliwick Concept, Assessor, Lecturer and for therapists in paediatric neurological rehabilitation.
- iii. Supplementary courses - Moving and Assisting, Disability Awareness and Gala Organisation.

OFFICER'S & COMMITTEE REPORTS

Chairperson's Report

Since March 2010 when the 3rd edition of our handbook, now titled "**Halliwick Swimming for Disabled People**" was published, we have been busy circulating this news to the media, in order to 'drum-up' sales. On all our Halliwick Foundation Courses we are supplying attendees with a copy of this book to be known as the Halliwick Text Book. Course fees have been increased by £10 to cater for this.

In my last year's report I said "As you see from articles in the Press, now that the **ISA regulations** have been introduced and combined with the CRB checks, it is deterring would-be volunteers from joining our affiliated clubs." As you know, these ISA regulations have now been withdrawn!

During the last year I have chaired meetings of the National Executive and the Management Committee and attended various Club functions. In October 2010 I attended a very successful Annual National Championships hosted by **Halliwick ASTRA 2** at the Sevenoaks Leisure Centre, Kent.

Our website: www.halliwick.org.uk has recently been re-designed with a more 'modern look' is going live in March 2011. It still continues to go from strength to strength and is generating a lot of interest from both the UK and abroad for details of our affiliated Clubs, Halliwick Training Courses in the UK and abroad, together with other related items.

As I said last year, the '**Halliwick AST Newsletter**' is the main way in which we communicate with ALL Clubs and their members, Halliwick ASTRA's and individually affiliated persons. I would urge all clubs to copy and circulate our *Newsletter* to all their members.

In conclusion, I wish to thank everyone involved with Halliwick AST, either in the various Committees, whose reports you will see elsewhere in this 'Annual Report for 2010', or in any other way, for their dedication and hard work.

**Patrick Hastings,
National Chairperson.**

Treasurer's Report

This report covers the accounts for 2010.

The main sources of regular income were from affiliation fees, insurance fees, course registration fees, DVD sales and publications. More copies of the book were sold but the other income figures were similar to 2010.

Donations amounting to £20,500 were also received specifically for the trademark account. Many thanks go to the donors. Halliwick AST also allocated an amount to add to Mr Fuge's legacy to make the total £10,000.

The main categories of regular expenditure were insurance fees, administration, travel, gala, Keyhaven Fund, Centre 88 (for publications) and education (mainly advertising). No affiliation request was made from I.H.A.

Some shares had to be sold and money withdrawn from National Savings, amounting, in total, to £13,000 to pay for the new Halliwick A.S.T. books.

400 Red Badges were also purchased.

Substantial payments have been made in relation to the Trademark account.

The shares now held continue to increase in value.

**Gill Wilkinson,
Hon. Treasurer.**

Acting Secretary and Insurance Officer's Report

I cannot really remember a year like the last one. In many ways, it has been the most difficult year that I can remember and I have been involved for over 40 years. An enormous amount of time and money has been spent on trying to sort

out the ownership of the name 'Halliwick'. This is tremendously important work and I would like to offer my sincere thanks to Ann Gresswell and William Wyatt who have spent weeks and weeks of work trying to make sure that the Trade Mark of 'Halliwick' rests where it truly should be i.e. in this country. This is another example of work that goes on behind the scenes that very few people get to hear about and yet it is the most important piece of work that we have probably ever undertaken. As a result of the legal battles taking place this will be a costly exercise for Halliwick AST and I believe that we must now actively undertake fundraising to make sure that funds are available to carry on the work of Halliwick AST into the future. Who will do this? The existing Executive Committee already undertake far too much and it is about time that some of the clubs put people forward to become Executive Committee members. Of course, everyone is welcome to come to Executive Meetings but very few do. We desperately need new blood. Our Executive Committee meetings usually take place in Oxford which we believe is fairly central for everyone to attend. It has good road, rail and coach connections. It would mean giving up a couple of days each year to attend. Ask not what Halliwick can do for you but what you can do for Halliwick.

You do not need for me to tell you that the financial climate in the Regions is becoming very difficult and cuts are already being felt. One or two clubs have closed and the prospect in 2011 for several others is the cause of some concern. Let us hope that Councils and others who may hold the purse strings will realise how valuable our clubs are. Please do not mention the Big Society to Halliwick AST as we have been practising it for years!

The insurance scheme is the also the cause of some concern. Just before the end of our reporting year I was told that our existing insurers were not willing to continue with our insurance. This is nothing to do with claims experience as we

have had no claims with this insurer but was due to the fact that Halliwick AST was not registered with the Financial Services Authority. This meant that our insurers would not insure Halliwick AST and allow us to recover premiums from our members. Discussion took place about each of our clubs insuring individually but this would not be cost effective, especially for our smaller clubs. It seems that we will have to place this business with a different carrier. I have been investigating this and found a broker who is willing to act on our behalf. However, this will mean extra cost to the Association in 2011. This will be another drain on our fastly becoming precarious resources. I do not think, in the current climate, that clubs can afford any increase in their insurance premiums.

The next year will be an extremely difficult one but with the support of all clubs and perhaps with one or two 'new faces' coming to Executive Committee meetings and being willing to share the load we might just come through the year intact.

As always, my thanks go to all the Officers and Executive Committee attendees for the tireless work they do for the Association.

**Eric Dilley,
Acting Secretary and Insurance Officer.**

Halliwick AST Education Committee Report

This Committee has had 2 meetings in 2010, one in March and one in October.

Officers of this Committee

Ann Gresswell – Chair, Pamela Wood – Vice Chair, Veronica Boys – Secretary, Ann Thomson - Minutes Secretary.

Ann Thomson continues as Course Registrar and Pamela Galloway continues as Data Base Manager. Beryl Kelsey has

been dealing with certificates and keeping a record of any competence certificates awarded.

Thanks are due to all these people for their work for the Committee and to all those who attend meetings and keep this Committee very active.

Seminar

A seminar was held in October on Disability Equality and Halliwick. In the morning Mandy Hudson, a disability equality trainer, lectured on disability equality and Halliwick. Mandy is a keen swimmer and had attended a Halliwick Course earlier in the year. The session was interactive, with discussion and activities about how people view Disability Equality, appropriate language, the differences between the social and medical model and looked at how the Foundation Course might be improved.

Following Mandy's presentation in the morning, the afternoon was spent discussing changes to our presentations relating to this topic, especially 'Considerations for Swimmers with Disabilities'.

Fees

The recommended lecturer's fee for 2011 is to remain the same as for 2010 i.e. £250 per day (£1,000 for the 4-day Foundation Course). The minimum fee for the 4-day Foundation Course has been increased to £260.00 as the new Halliwick AST book – Halliwick Swimming for Disabled People, 3rd Edition - is now being given out on Foundation Courses.

Ongoing work

The Committee continues to work at ensuring courses meet the needs of participants and that the courses meet IHA requirements. Work in 2010 has included setting guidelines if

someone is attending a course who needs an interpreter;
guidelines for refunds for courses; answering queries about
Yellow Badge Testing; accreditation with the Open College
Network.

Future Meetings

Meetings are planned for March and October 2011 with a
seminar in October 2011.

**Ann Gresswell,
Chair, National Education Committee**

Report of the Publications Committee

The Publications Committee are pleased that the **3rd Edition** of our
book has been printed. It has been renamed “**Halliwick Swimming
for Disabled People**”. 4000 copies were purchased and a free copy
given to all those who helped in the rewriting. The book has remained
at £10 each. Application was made for the book to have an ISBN
number in order to help with a wider circulation. A copy of the book
has also been placed in the Bodleian Library, British Library and
National Libraries of Scotland, Wales and Northern Ireland.
Foundation Course costs will now include a copy of the book being
given to all participants.

Other **Rainbow series** publications have been updated with particular
attention to the “Information pack for Lecturers” and “Organisation
Pack for Foundation Courses”. Both have been renamed “Training
and Assessing for Halliwick Lecturing” and “ Organisation Pack for
Halliwick Foundation Courses”. When the changes made have been
agreed by the Publications Committee these will be notified to Centre
88 and Patrick Hastings for update on the website.

Foundation Course Handbook

Discussion took place re the format of the present handbook with the
decision that the format to be kept as it is. The handbook has now
been updated and is in line with the “Training and Assessing for
Halliwick Lecturing” – previously Volume 4. This 15th Edition will be
ready for when a new batch needs to be printed:

Special considerations. has been inserted but not as a power point
presentation.

ICF - précis of Jean-Pierre Maes contribution for 'The Book' inserted.

Sections added on Communication and Disability Equality.

Spelling errors have been identified.

Discussion followed re the cost of the publication and it was decided that the cost would be £2.00 for bulk buy + P & P and £5.00 for single purchase plus P & P.

Record Books - To be given out on Foundation Courses as before.

Volume 4 – which contained a lot of important information for lectures is in the process of being put on a CD and will be in line with the Foundation Course Handbook and the “Training and Assessing for Halliwick Lecturing” booklet.

Pamela M Wood

Chair, Publications Committee

Report of the International Halliwick Association (IHA)

During 2010/11, the Executive Committee of the IHA have met twice; in October 2010 (via SKYPE) and in February 2011 (in London). Members of the Executive Committee are : Pamela Wood (UK, Chair); William Wyatt (UK, Secretary); Anna Olasinska (Poland, responsible for the IHA newsletter); Ilanit Weigenfeld-Lahav (Israel); Katja Groleger (Slovenia); and Rosane Barroso (Brazil).

We continue to look for other people willing to join the IHA Executive Committee and this is particularly the case as William will be retiring as Secretary of the IHA as of the next General Meeting of the IHA (to be held in August 2011) after 11 years in the post. As the IHA constitution allows for 2 members from any one country to be on the Executive Committee of the IHA there is room for another from the UK to join and to that end, subject to the approval of Halliwick AST, Anne Thompson has agreed to stand.

The coming year will be an eventful time for the IHA not least because a General Meeting and conference is being

organised by Anna Olasinska in Poland for the weekend **26th to 28th August 2011** at Centrum Konferencyjno-Rekreacyjne (nearest airport Kraków Balice). The conference is entitled “**Water Activity for Everyone**” and everyone is welcome! Full details are on the IHA website which can be accessed via the Halliwick AST website (fabulously redesigned) at www.halliwick.org.uk. The General Meeting of the IHA will be held over the same weekend on Saturday 27th August 2011 at the same venue. We would encourage as many people as possible to attend both the conference and the General Meeting.

Membership of the IHA continues to grow although many new members are individuals and in line with the philosophy of the IHA, we are working on ways to, where possible, encourage members to form national associations and join as a country. We continue to be very grateful for the continued support of Halliwick AST.

Finances of the IHA are a slight problem at the moment in as much as since our previous treasurer retired from the post we have been working hard to set up a bank account in the UK (which needs to be both a Sterling and Euro account) so that IHA funds can be transferred into the new account and monies used and accessed. We hope that we are very close now to this being achieved although it has taken some time (not least owing to lost and wet forms – although no-one dropped them into the pool!). As we may have reported last year Alison Skinner of the UK is willing to undertake the role of treasurer for the IHA although will be a “non-executive” treasurer. We are extremely grateful to Alison for agreeing to take on this role.

Whilst we have been working to finalise banking arrangements, no requests for membership have been sent out to members of the IHA but as soon as banking arrangements finalised, these will be sent which will mean

that members will receive a request to cover their membership for both 2010 and 2011.

Concerning “ownership” of the name of Halliwick, the situation continues but the IHA supports Halliwick AST in all that it is doing in this regard. There will no doubt be a separate report on the up-to-date position concerning trademarks of Halliwick otherwise given at this AGM.

We have continued to work closely with the IHA Education & Research Committee and will not repeat here matters covered in that report from Ann Gresswell who chairs that committee.

In relation to the website of the IHA there still remain continuing difficulties but as always, we are working to resolve issues that have arisen with the great assistance of Yael Yoshei from Israel.

Once again, we thank Halliwick AST very much for their continued support of the IHA in attempting to achieve its goals.

**William Wyatt,
Secretary, International Halliwick Association**

Health Education and Community Committee Report (HEC)

The committee met in March and October 2010 after the Education Committee. Again, while the timing is not entirely satisfactory, it is difficult to get people to attend on a different day from the Education Committee.

5 Day Therapy Course

Due to the difficulties mentioned in last year’s report regarding CRB checks and the difficulty of preparing the swimmers for the pool sessions there has been no paediatric course in the UK this year.

A 5 day therapy course in paediatrics planned for Ireland did not take place but instead a course took place in Brazil.

A proposal has been put to us regarding a 5 day course in the UK by a IHA lecturer from Israel but no decision has been taken yet.

Study Days

We planned a study course to run at Brent in May 2010 when we already had the use of the pool for the Foundation course. This was a theory session on children with complex needs and then demonstrations of swimmers in the pool. Unfortunately, we did not have much interest largely due to the short advertising time and so the study day was cancelled

**Alison Skinner,
Chair, HEC Committee**

Report from National Co-ordinating Committee – Swimming for People with Disabilities

Joan Martin and Ann Gresswell are the representatives to this meeting from Halliwick AST.

Meetings were held in March, July and November 2010.

National Conference 13th & 14th October 2012

Much of the business of the Committee has been organising for this National Conference. It will be for anyone involved in teaching, coaching, treating or providing facilities and activities for children and adults with disabilities in an indoor, aquatic environment.

It will be held at the National School of Government, Sunningdale Park, Ascot, Berkshire. The facilities are very good and there are 17 rooms adapted to the needs of

disabled people. All meeting rooms have easy access and there is a wheelchair lift onto the main stage.

There will be a wide range of speakers including topics on Halliwick and also poster displays.

All trading sections of member organisations will be offered a stall, free of charge. Other appropriate commercial outlets would pay a fee.

‘Let’s all Swim’

This new book from the Committee has now been published. This book was originally written for the ASA but the ASA decided it wasn’t needed and it was taken over by the NCC. Joan, Ann, Jane and Pamela Wood commented on the book and asked for changes so that hopefully it is now acceptable to Halliwick AST.

Replacement of ‘Specially Safe’

A book had been written for the Royal Life Saving Society to replace Specially Safe, with input from this Committee but the RLSS have decided it isn’t needed. This Committee is going to take this book over and, with changes and additions, produce it for this Committee.

Ann Gresswell,
National Coordinating Committee Representative

Report from IHA Education and Research Committee

In 2010, the IHA Education and Research Committee had computer link-up meetings in January, August and September, a meeting in May, in Israel, and a meeting in October in Ireland.

Members of this Committee

Members of this Committee are from the UK, Denmark, Belgium, Israel, Spain, Ireland and Brazil.

Chair

Ann Gresswell was re-elected Chair.

The Halliwick Concept 2010

The IHA Education and Research Committee have been working to replace the paper 'The Halliwick Concept 2000' and it went on the website just before the end of 2010 (otherwise it would have been the Halliwick Concept 2011). This paper is written so that anyone can read it, with no prior knowledge of Halliwick. Hopefully, it will also be useful to Halliwick lecturers and trainee lecturers. The paper includes diagrams and fairly soon, on the website, there will also be the video clips. Aoife NiMhuiri was the lead person with this and organised everything.

New Lecturers

We have new lecturers in Ireland, Israel, Slovenia and Spain.

New Regulations re Trainee Lecturers

It has been agreed that before applying to be an IHA Trainee Lecturer at least one Advanced Course **must** have been completed and once having registered a full Foundation Course needs to be attended again.

Halliwick Lecturers Group

A Google Group – the Halliwick Lecturers Group - has been set up, so that at last there is a site that can be accessed by lecturers only. Lecturers have been asked to join this group and will be able to access the group from the IHA website.

IHA Educational Papers

All the papers relating to IHA Educational work have been collated into one document and sent out. They are also on the 'Lecturers Only Site'.

Ann Gresswell,
Chair, IHA Education and research Committee

Registrar's Report

Details of courses held in 2010

Foundation Courses

	Dates	Venue	No	Lecturers	Trainee Lecturers	CAPD# Assistants + Organiser *	Fees
1	15 th – 18 th Feb	Henshaws College Harrogate	14	Philip Puckrin	none	Liz Connall * Philip Webster +	Paid £300 in 2009
2	22/23 Jan 5/6 March	Burnley	15	Colin Stevens Alison Balkas	none	Julie Naylor *	Payment complete £300
3	08 th – 11 th April	Dorset	24	Jayne Stewart Parry	Pamela Galloway	Linda Reider *	Paid £500
4	23 rd -27 th April	Noga Centre Israel	24	Ann Gresswell	Noga		£300Pd
5	30 th Apr - rd May	Noga Centre Israel	24	Ann Gresswell	Caroline Bamatz		£300Paid stlg
6	13 th 14 th March 14 th 15 th May	Brent N London	17 16	Veronica Boys Alison Skinner * Ann Thomson	Christine Gretch Katja	Miriam Hart + Emmie Hunte + Joanna Carey +	Paid £600
7	13/14 th April 19/20 th May	Carmarthon	18	Alison Skinner Ann Thomson		Closed course	Paid £300
9	28/29 Aug; 4/5 Sep	Isle of Wight	16	Veronica Boys		Clare Griffin*	Paid £500
1 0	25/27 Sept; 2/ 3 Oct	Hull	24	Beryl Kelsey	Karen Brockwell # Debbie Malton#	Gill Wilkinson*	Paid £300
1 1	15/16/17/18 November 2010	Milton Keynes	10	Alison Skinner Ann Thomson		Ruth Sylvester Head of Redway School	Paid £500
1 2	6/7/8/15 December 2010	Northampton	10	Alison Skinner Ann Thomson		Clare Pearce Jayne Cockerill	Paid £500

Advanced Courses - none held 2010

Introductory Courses

	Dates	Venue	No	Lecturer	Trainee Lecturer CAPD# Assistants + Organiser *	Type of Co urs e	Fees
1	November	Finland	28	Ann Gresswell			£141Pd

Report from National Co-ordinating Committee – Swimming for People with Disabilities

Halliwick Association of Swimming Therapy Annual Accounts

Detailed copies of the full accounts are available upon request

HALLIWICK ASSOCIATION OF SWIMMING THERAPY CHARITY NO 250008 INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2010

	2010		2009	
	£	£	£	£
INCOME				
Trademark grants		20,500		948
Donations and Affiliation Fees		3,236		3,499
National Championships - Gala		-2,691		-1,280
Equipment				
Sales	429		431	
Cost of Equipment sold	<u>78</u>	351	<u>48</u>	383
Books				
Royalties and Sales	1,852		129	
Cost of Books sold	<u>2,389</u>	-537	<u>68</u>	61
Videos and Films				
Sales	1,023		1,129	
Cost of Videos and Films sold	<u>175</u>	848	<u>234</u>	895
Education and Training				
Lecturing and Course fees	6,176		9,350	
Travelling, Subsistence, Printing etc	<u>1,318</u>	4,858	<u>1,763</u>	7,587
Booklets and Leaflets				
Sales	1,858		1,314	
Printing etc	<u>1,750</u>	108	<u>1,398</u>	-84
Insurance Scheme				
Contributions from Affiliated Bodies	6,285		6,304	
Premiums	<u>7,300</u>	-1,015	<u>7,234</u>	-930
Legal and professional expenses -trade mark dispute		-21,204		-3,000
Raffles and sundry income		654		574
Profit on sale of investments		905		0
Keyhaven costs		-967		-846
Interest received on investments		<u>1,998</u>		<u>2,517</u>
				10,324
NET INCOME BEFORE GENERAL EXPENSES		7,044		4
General Expenses				
Administration expenses	1,988		1,339	
Meetings	0		369	
Travelling Expenses	3,253		3,770	
International Halliwick - Meetings etc	0		243	
Other Expenses	<u>323</u>	5,564	<u>350</u>	6,071
EXCESS OF INCOME OVER EXPENDITURE		<u>1,480</u>		<u>4,253</u>

Attributable to:		
Head Office Accumulated Fund	2,267	2,191
Trademark Fund	-704	-2,052
Keyhaven Fund	-808	-638
Astra 2 Fund	-188	170
Astra 6 Fund	2	3,383
Astra 10 Fund	1,540	0
Astra 15 Fund	-629	1,199
EXCESS OF INCOME OVER EXPENDITURE	<u>1,480</u>	<u>4,253</u>

**HALLIWICK ASSOCIATION OF SWIMMING THERAPY
BALANCE SHEET AS AT 31 DECEMBER 2010**

CHARITY NO 250008

	2010		2009	
	£	£	£	£
FIXED ASSETS				
Charinco Accumulation Shares at cost <i>(Market valuation £38,060 - 2009: £46,705)</i>		34,747		43,347
Office equipment - Cost	6,525		6,525	
- Depreciation	<u>6,525</u>	0	<u>6,525</u>	0
				<u>43,347</u>
		34,747		7
CURRENT ASSETS				
Stocks of Books and Equipment	13,291		1,445	
Bank Current Account	14,504		16,043	
National Savings Bank	<u>756</u>		<u>2,255</u>	
	28,551		19,743	
Sundry Creditors	<u>1,728</u>	26,823	<u>3,000</u>	16,743
				<u>3</u>
NET ASSETS		<u>61,570</u>		<u>60,090</u>

FUNDS AND BALANCES

Head Office Accumulated Fund

Balance brought forward	43,560		40,604	
Transfer from Astra 11A Fund	0		765	
Net income in year	<u>2,267</u>		<u>2,191</u>	
Balance carried forward		45,827		43,560

Trademark Fund

Balance brought forward	2,323		4,375	
Net income in year	<u>-704</u>		<u>-2,052</u>	
Balance carried forward		1,619		2,323

Keyhaven Fund

Balance brought forward	3,980		4,618	
Net income in year	<u>-808</u>		<u>-638</u>	
Balance carried forward		3,172		3,980

Astra 2 Fund				
	Balance brought forward	769	599	
	Net income in year	<u>-188</u>	<u>170</u>	
	Balance carried forward		581	769
Astra 6 Fund				
	Balance brought forward	5,847	2,464	
	Net income in year	<u>2</u>	<u>3,383</u>	
	Balance carried forward		5,849	5,847
Astra 10 Fund				
	Balance brought forward	0	0	
	Net income in year	<u>1,540</u>	<u>0</u>	
	Balance carried forward		1,540	0
Astra 11A Fund				
	Balance brought forward	0	765	
	Transfer to Head Office Fund	<u>0</u>	<u>-765</u>	
	Balance carried forward		0	0
Astra 15 Fund				
	Balance brought forward	3,611	2,412	
	Net income in year	<u>-629</u>	<u>1,199</u>	
	Balance carried forward		<u>2,982</u>	<u>3,611</u>
				<u>60,09</u>
TOTAL FUNDS			<u><u>61,570</u></u>	<u><u>0</u></u>

Independent examiner's report on the accounts

Report to the trustees of Halliwick Association of Swimming Therapy

On accounts for the year ended 31 December 2010 **Charity no:** 250008

Set out on pages 1 to 2

Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's
qualified statement**

The charity held investment funds as a fixed asset investment with a market value at the balance sheet date of £38,060. These assets have been included in the accounts at their cost of £34,747 resulting in their value being understated by £3,313 in the balance sheet. This matter gives me reasonable cause to believe that in this respect the accounts do not comply with the accounting requirements of the 1993 Act. In connection with my examination, no other matter has come to my attention (other than that disclosed above):

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep proper accounting records in accordance with section 41 of the 1993 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 1993 Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 1 April 2011

Name: Philip Howard Crook

**Relevant professional
qualification**

Chartered Accountant
Fellow of the Institute of Chartered Accountants in England & Wales

Address: Bradavon
45 The Dales
Cottingham
East Yorkshire
HU16 5JS

REPORTS FROM THE REGIONS

Halliwick ASTRA 1

The year has again been a relatively quiet one so far as Halliwick ASTRA One is concerned. That said, there have been the usual “round” of club and inter-club galas including the Regional Gala which Venturers SC kindly hosted in July 2010. It was a great event and meant that we had competitors to go forward to the National Championships 2010 which this year again proved to be a great event, superbly hosted by Dave Patmore and his team in Halliwick ASTRA 2.

We hope that this year, the regional gala will be hosted in July as usual although a venue is yet to be confirmed. We have said “goodbye” to Alan French who used to organise the regional galas for us; he has retired from Halliwick and moved away and will be greatly missed.

The usual Brent Courses were held although, this year, a little earlier owing to pool availability. They were held at the usual venue in Brent in February and in March 2011.

We will have to see what happens next year as the pool that we usually use for the Brent courses will not be available and the venue is being modernised. These courses, as always, form a very important part of the work that Halliwick ASTRA One does in the promotion and development of the Halliwick Concept, the courses being run by a hard-working and dedicated team now led by Alison Skinner.

Bob and Betty Chapman organised refreshments for the course participants for the last time. We were able to present gifts to them for their hard work over many years and wish them both all the best and our very warm wishes and thanks.

As before, the region continues to do the best it can in these days when the struggle to find committed volunteers, and equally, committed swimmers seems to be ever more real.

William Wyatt-Secretary to Region 1.

Halliwick ASTRA 2

The past year was reasonably quiet. Our finances are well managed and are sufficient for our needs in spite of no further donations to date.

Our A.G.M was held on 21st November. All existing officials were returned. An Executive meeting was previously held on 28th March. Both meetings were held at Westerham, Kent. Next Executive meeting will be on 27th March 2011.

The regional competitions gala was successfully held at Sevenoaks on 19th June.

We hosted the National at Sevenoaks on 16th October. Most people were satisfied but there was an error on the timing in the boy's 50 metres, which was resolved by touch. An extra race was organized between Halliwick ASTRA 8 and 15 for latecomers of Halliwick ASTRA 8 who had missed their race, to have a swim. No points were awarded.

Dave Patmore-Secretary to Region 2.

Halliwick ASTRA 5

2010 was Halliwick Astra 5's silver jubilee year and we celebrated by inviting the people who originally set up the region, to our annual dinner.

Courses

During 2010, Halliwick Astra 5 held a Foundation Courses Hull and a day course in Doncaster. We did not hold an advanced course by agreement with the Education Committee.

Competition

A very enjoyable regional gala, with some teams taking part for the first time. With more teams, we had to move to a larger venue. This proved to be more suitable with much more room for spectators.

The team trophy winners were: -

Molly Cowling trophy for the overall winners	Doncaster Delphyns
Northern Foods Trophy	Henshaws
Marlene Smith Trophy	Optimists
Mac's Trophy (juniors)	Tweendykes School
Millennium Trophy	Able 2
Silver Jubilee Trophy	Freddies

We entered a team in the National Finals.

Assistance to the National Organisation.

Halliwick Astra 5 members continued to make a valuable contribution to the National organisation by providing administrative support for course organisers, supporting the publications department at Centre 88 and producing DVDs.

Open College Network (O C N)

After nearly 20 years of deliberation and procrastination, we approached the OCN regarding having Halliwick AST courses accredited. It took a lot of time and effort but by the end of 2010 the college agreed to award 6 credits at level 2 when candidates pass the Foundation course assessment.

Beryl Kelsey-Secretary to Region 5.

Halliwick ASTRA 10

Halliwick ASTRA 10 continues fairly dormant at present, but could become more active again if members would like anything more to be happening. In the meantime, we are available to anyone who is feeling in need of support and advice, and continue to promote Halliwick at a more personal level. We still have a certain amount of funds available, some of which was used this year to subsidise some volunteers from the region to attend a Halliwick course.

Our only competitive club, Wimborne Wagtails, continue to fly the flag – or is it wave the towel – to represent Halliwick ASTRA 10 at the National Gala and acquitted themselves well, especially for such a small team from a small but active club. They, and we, are still very interested in hearing from anyone else in the region who might be interested in participating in a Regional Gala, even if it is on a small, informal scale to begin with, so that others can experience the excitement of competition and can also have the chance of representing their Region at national level.

Pamela Galloway-Secretary to Region 10.

Halliwick ASTRA 15

This year the Region has continued well.

Clubs do continue to be effected by the recession and the rigours of the economic climate that seems to be more severe in Wales than in some other parts of the UK.

Through all of the difficulties we have continued with our weekly swimming programmes and with the usual range of competitions in the Region.

We thank the team who arranged the National Gala this year. It was enjoyed by our swimmers despite some difficulties during the event. We hope to do even better this next year when it is our turn to host the gala!

We have continued to provide introductory courses for helpers in our clubs under the guidance of Sue Woodward. These courses have been well attended and the participants full of enthusiasm after them. Our thanks go out to Sue and her team of assistants.

We look forward hopefully to the challenges of next year!

Elsie Little, Secretary to Region 15.